



Sun Safety Policy

PURPOSE

Year-round sun protection is important for all children and young people in Queensland as research demonstrates that high ultraviolet radiation (UVR) exposure in childhood and adolescence significantly increases the risk of developing skin cancer.

SCOPE

The aim of this policy is to educate our students about being sun safe in order to develop important, life-long, healthy habits, and acknowledges the important role adults play during and outside school hours to reinforce sun safety with children and young people.

In implementing this policy, our school recognise that:

- the policy applies to all school and school-related activities and events
- the strategies are to be implemented during the whole school day and year-round
- a combination of sun safe strategies is more effective than a single approach.

CLOTHING REQUIREMENTS

Students are required to wear protective clothing when outdoors during the school day and during school-related activities (i.e. excursions/camps) to reduce students' exposure to the sun, including the following strategies:

Hats

Students are required to wear college bucket hat when outdoors. The only exceptions when playing sport are when a hat reduces visibility or interferes with activity skills and therefore poses a risk to students' safety; or when wearing a hat is not possible because other headwear is required to be worn for safety reasons. Under these circumstances, students may remove their hats for the duration of the activity, ensuring they have applied sunscreen to uncovered skin (ideally 20 minutes) prior to participating.

Staff remind students to wear hats before and during lunch breaks, and for outdoor activities.

No hat no play rule and students have to sit in RTR room during break times.

Spare clean college hats are available for students to borrow for college activities, i.e. HPE class, if they forget their hat.

Swimwear

Students are required to wear swim shirts/rash vests during all water-based activities occurring at outdoor venues, except during their race/s at competitions and carnivals.

SHADE PROVISION

The College maximises the use of available shade for outside activities. Sail structures and roofed shelters provide cover in seating areas, along footpaths, ball courts and the COLA.

Temporary shade structures are used as necessary for outdoor events i.e. Under 8s Day, Sports Day, Swimming Carnivals.

SUNSCREEN PROVISION

Our college recognises the importance of sunscreen use as a sun safe measure and implements the following strategies:

- The school supplies SPF 30 or higher broad-spectrum, water-resistant sunscreen for student and staff use.

- Sunscreen stations are set up at community events, sports days and swimming carnivals.
- Parents/carers are encouraged to have their children apply sunscreen before school when an outdoor or swimming activity is held during first period.
- Parents/carers are encouraged to provide their own sunscreen if they don't wish their child to use the sunscreen provided by the College.

EDUCATION

Our college provides educational programs on sun safety and preventative measures through the following strategies:

Curriculum, teaching and learning

- Sun safety is formally taught as part of the implementation of the Australian Curriculum through Health and Physical Education
- Staff include the risk of exposure to UVR in their curriculum activity risk assessments for outdoor activities and excursions, which includes ensuring that adequate shade is available for outdoor activities where possible, or scheduling times when UV rating is lower.

Incidental teaching and promoting sun safe behaviours

- Incidental teaching of personal sun safety strategies occurs in all year levels as part of the school routine on a regular basis, i.e. through reminders to students to wear hats and apply sunscreen.

Staff professional development

- Staff are informed at their safety induction about the College's sun safety policy and its requirements.

MODELLING SUN SAFE BEHAVIOURS

Our college promotes the importance of parents/carers, teachers, support staff, volunteers and other adult supervisors as role models for students using the following strategies:

- Staff and the college community are encouraged to consider the use of shade, sun safe hats and clothing, sunglasses and sunscreen when doing their duties, running outside activities, and when on excursions/camps.
- Parents/carers are encouraged to support the College in the promotion sun safety.

Revision Record

Version	Approval Date	Authorised by	Effective Date	Review Cycle	Next Review
Sun Smart procedures previously addressed inf CCC WHS Policy					
1.0	03 November 2021	Nathan McDonald	05 November 2021	3 years	November 2024